

VISIT...

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Tutor Teaching Tips

The Food We Eat (G)

MATERIALS

Leveled reader

Graphic organizer

Game cards;
Game board;
Markers

Leveled reader

Before Reading 3–5 minutes

BUILD BACKGROUND: Ask: *What did you have for breakfast? Where, besides the grocery store, do you think the food came from?*

PREVIEW THE BOOK: Show the child the pictures on the covers of the book. Read the title together. Ask: *Where do eggs come from? Where do you think bread comes from?* Without reading the book, look at each picture in the book. Ask: *What food is this? Where does this food come from?*

During Reading 10–15 minutes

Sit next to the child and read the book to the child. Have the child follow each word with his/her finger. Next read the book aloud and have the child read along with you. Finally, ask the child to read the book aloud by himself/herself. If the child reads a word that doesn't make sense, ask: *Did what you read make sense?* Have the child try to sound out any words he/she doesn't know. Ask: *What sound does this word start with? What sound is at the end of the word? What word makes sense here?* If the child still cannot work out the word, tell him/her the word. Ask the child to reread the sentence with the word and then continue reading the book.

After Reading 10–15 minutes

RETELL: Ask the child to retell the story. Prompt with questions such as: *What does all food come from? What kinds of food come from plants? What kinds of food come from animals?* Allow time for the child to think about each question and respond. If the child cannot answer, help him/her find the answer in the book.

Guide the child to complete the graphic organizer. Have the child check the book to find the food facts.

READER RESPONSE: Ask: *Do you think more food comes from plants or animals? Why? Why do you think some people don't want to eat food that comes from animals?*

Optional Activities

WRITING: Ask the child to draw a picture on the inside back cover of the book of one type of food that comes from a plant and one type that comes from an animal. Ask the child to write a sentence about the picture.

VOCABULARY GAME: Place the cards riddle side up in a stack. Have the child take a card and read the riddle or give it to you to read. Have the child answer the riddle and then turn the card over to check the answer. If the child is correct, he/she can move the marker along the game board the number of spaces indicated on the card. Have the child place the card at the bottom of the stack. It is now your turn.

Home Connection

Encourage the child to take the book home for practice.

Kind of Food	Plants	Animals	Both plants and animals
Orange Juice	✓		

INSTRUCTIONS: Read the headings on the chart with the child and look at the example food in the first column. Have the child find orange juice in the book to confirm that it comes from plants. Then have the child find other food in the book, such as omelets, bagels, etc. and record them on the chart. Have the child put a check in the column to show where each comes from.

Directions: These game cards are two-sided. Print or copy back-to-back to make one set of cards.

Leveled Reader



Game Cards (FRONT)

***The Food We Eat* (G)**

I am white and come from an animal that says, "Moo."
What am I?

I come from a plant. Some people like to eat me when they go to the movies.
What am I?

I can be baked or fried, or made into chips. I come from a plant. What am I?

Some people like to put mustard and pickles on me. I come from an animal. What am I?

I am juicy and orange, and come from a plant.
What am I?

I'm round like a doughnut, but not as sweet. I come from a plant. What am I?

I can be scrambled or fried or made into an omelet. I come from an animal.
What am I?

I am made from milk. I am good on a sandwich or melted on macaroni.
What am I?

I am round and cut into slices. I am made with things that come from both plants and animals.
What am I?

Directions: These game cards are two-sided. Print or copy back-to-back to make one set of cards.

Leveled Reader



Game Cards (BACK)

The Food We Eat (G)

potato

3

popcorn

4

milk

3

bagel

5

orange

1

hamburger

2

pizza

3

cheese

4

egg

2

Leveled Reader

Game Board

The Food We Eat (G)

